



## Preparing and Sharing your Climate Story

There is no “correct” way to tell your climate story. However, a key element is that your story should focus on your personal and community responses to the changing climate and how it intersects with your life. Speaking about climate change politics or science in an abstract way is less important than tapping into your personal observations of, responses to, and emotions about climate change in your home region.

Many people have found it helpful to do some brief reflective writing about these ideas. Give yourself a time limit (say 15 minutes), and focus on quickly sketching out your climate story. If it’s helpful, you can use some of the following prompts to help you craft your story. It is not necessary to use all the prompts:

- Introduce yourself: what is your name and where do you live?
- Describe a memory from childhood or from your current life that demonstrates your connection to the environment near your home.
- What changes in the environment have you noticed recently? Do you think these changes are due to climate change?
- How are you and others adapting and responding to these changes?
- What emotions arise for you when you think about the changing climate? What do you fear losing or have you already lost?
- What vision do you have for yourself and your community moving forward? What are your hopes for the future?
- What message do you want to give to people about climate change?
- Anything else to add?

Some people may find it helpful to draw or visually engage with these prompts. Creativity is a key element of responding proactively to the climate crisis.

Once you have sketched out your climate story, you may share your story with another person, in or outside of a workshop setting. You may wish to edit or polish your story to prepare for more formal sharing. Some people have found it helpful to receive feedback from others about their climate story narrative as they go through this process.

Focus on crafting a narrative with a beginning, middle, and end. However, don't feel that you need to be restricted to, for example, sharing a "tragic" or "hopeful" climate story. Be true to yourself, your experiences, and your emotions.

If you wish, you may record an audio or video version of your story and [submit it](#) to be published on the Climate Stories Project website. Please [contact us](#) as we welcome your feedback as you prepare and share your story!